**Vein Clinic of Las Vegas MAJID H. BASHY, M.D.**

**Frequently asked questions after sclerotherapy.**

**CONDITION RECOMMENDATION**

Multiple bruises, different sizes Bruising is expected. It should

Disappear in 10-12 days…

Redness and swelling with Usually, no action is necessary.

Varying degrees of redness It should be gone in 2-3 days

Of skin in treated areas Swelling is severe, call our office for

Appointment. Swelling with pain, call

us immediately

Itching at site of treatment. It is temporary. No action is necessary

Pain at the site of injection. For mild pain do nothing. It is

temporary take “Tylenol” for pain.

Brownish, pigmented spots Do nothing. In almost all cases.

or brownish lines. “pigmentation will gradually get

lighter and finally disappear over time.

Small bumps & greenish line usually these are from hardened

In place of treated veins. Trapped blood in vein. Do nothing. On

Follow up appointments the doctor will

Remove them as it has been explained.

**REMINDER: As you been informed already, your veins treatment should be repeated 2-4 times on average before they disappear.**

GENERAL INSTRUCTIONS: Have a brisk walk everyday between and after treatments for a minimum of 15-30 min. Remove the white tape and cotton balls in 4-5 hours.

No flying for 1 day after treatment, after that wear compression stockings if you need to fly for the next two weeks.

DO NOT TAKE HOT SHOWERS & NO JACUZZI FOR 1 WEEK WARM SHOWERS ONLY.

To have less discomfort during treatments avoid treatments during your menstruation period.

DO NOT TAKE ASPIRIN, VITAMIN E.,FISH OIL OR ANY OTHER ANTI-INFLAMMATORY MEDICATIONS FOR 1 week after treatment and stop them 1 week before your next scheduled appointment.

RECOMMENDATIONS: No sun tanning between treatments.

NO HEAVY LEG EXERCISES FOR 1 WEEKS (E.X. JOGGING, RUNNING)

Consider using ARNICA after injections.

FACIAL VEIN TREATMENT: No hot water on the face, Caffeine, and Alcohol, for 1 week.

HAND VEIN TREATMENT: No hot water, heavy lifting, no aspirin, vitamin E, fish oil, & omega 3… for one week

If you have any symptoms that seem to be questionable or of concern to you, including but not limited to swelling of the ankle or severe pain. Please call the office to make an appointment to be checked by the doctor. In case you could not contact us, you can always refer to an acute center. This material that appears on this page includes only some helpful information and is not suitable for the informed consent materials that have been fully explained to you prior to your treatments.

YOUR FOLLOW UP VISIT CHARGE IS $50.00 IF YOU CHOOSE NOT TO DO TREATMENT ON THAT VISIT.

**REMEMBER: If you do not receive any treatment on your next appointment these charges will apply.**

$50.00 Follow -Up office visit charge for any appt. (waived if same day treatment is received)

$50.00 Office visit charge for any broken appointments that I fail to give 24 hrs. notice of cancellation.

Follow up treatment charges/ NOT included in your first visit and they are charged individually.

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